

Recovery and Wellness Committee Meeting Minutes
11/16/2020

Facilitator:	Michael Copenhaver/Rebecca Lee
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Attendees:

Michael Copenhaver, Monica Forbes, Mike Ross, Becca Sprague, Scott Jones, Dawn Colwell, Matt Schlimgen, Christina Perez

Agenda Items:

1. Becca Sprague: Regarding CDH/Ada County Behavioral Health Taskforce
 1. The focus of the new Taskforce, led by Alexis Pickering, is going to address access to services and creating or developing a centralized database with community resources and programs. This was a topic previously discussed on this committee. As we do not wish to duplicate resources, it seems best to allow this new taskforce to take on this project and place this committee’s focus on Recovery & Wellness topics within Region 4. Everyone agreed.
1. Mike Ross: Personal Story on accessing Behavioral Health Services
2. Discussion: Ideas/suggestions on what solutions this committee might explore as it relates to reducing Iatrogenic harm/trauma caused by “the system” and how it relates to suicide prevention strategies/priorities.
3. Mike Ross had the idea of a Case Manager or someone qualified being assigned to anyone that attempts suicide. Then the client would have representation at every stage of the process.

NEXT MEETING: 12/14/20 2:00-3:30 PM

Action Items	Owner(s)	Deadline	Status
Connect Mike Ross to NAMI: In Our Own Voice	Scott Jones	12/20	In Progress
Available Education (ie Zero Suicide Programming for Healthcare Workers, CIT for LE, etc.)	Becca Sprague	12/20	In Progress
Identifying intercept points/opportunities to improve community response through EBP training.			